

## JOB DESCRIPTION

# COMMUNITY SPORTS COACH (Casual)

November 2022

Post Title:	Community Sports Coach (casual)	
Responsible to:	Senior management	
Hours;	Casual	
Salary:	£10 per hour	
Location:	Various sites across the Lancaster & Morecambe District	

#### Job Purpose:

To deliver high quality, multi-sport coaching sessions in schools and community settings for all ages and abilities within the Lancaster & Morecambe district. The programme aims to enable individuals to develop their skills and abilities to reach their potential and to enjoy the benefits of physical activity.

Throughout the programme, coaches will also promote positive healthy lifestyle choices and deliver educational messages through the power of sport and physical activity

#### Main Duties and responsibilities;

- To prepare and implement well-structured and progressive programmes ensuring a high quality, enjoyable experience centred on the needs of the participants.
- To deliver sport and physical activity programmes, encouraging attendance in particular by children and adults who do not usually participate in sport or physical activity.
- To deliver coaching sessions at various sites across the Lancaster & Morecambe district.
- To work evenings and weekends as determined by the needs of the Charity.
- The post holder will be subject to an enhanced Disclosure Barring Service check.
- To represent the charity by being a positive role model, successfully engaging with participants, clients, and stakeholders.
- To ensure that participants are motivated by, and retained in, sport through high quality coaching.
- To carry out administrative duties as necessary e.g. maintain accurate attendance registers, collect monies, carry out risk assessments, progress reports that meet the needs of the charity and funding partners.

- To ensure that all activities are delivered within a safe, controlled environment.
- To deliver sessions in line with best practice guidelines in health/safety and safeguarding.
- To be aware of and comply with all relevant policies and procedures provided by the charity.
- To administer first aid where required and to accurately record and report any injuries or accidents.
- To ensure all equipment associated with the coaching programme is correctly set up, maintained and transported correctly.
- To be committed to CPD and attend training course seminars and meetings as required
- To take an active role in any other duties commensurate with the post that are required to deliver the outcomes of the charity

### Person Specification

Area	Essential	Evidence
Knowledge / Training / Qualifications	Hold a minimum Level Two Sports Coaching qualification (as recognised by Sport England).	Application Form
	First Aid Qualification	Application Form
	Safeguarding and Protecting Children training (or equivalent)	Application Form
	Full UK Driving licence & access to a car	Application Form / Interview
Aptitude and Skills	Demonstrate good organisational and planning skills.	Application Form / Interview
	Ability to plan progressive, developmental sport and physical activity programmes.	Application Form / Interview
	Ability to contribute to work as part of a team, also being able to work independently and on own initiative.	Application Form / Interview
	Effective communication skills.	Application form / interview
Work Experience	Experience of coaching in a wide range of environments including schools, club and community settings.	Application Form / Interview
	Ability to inspire, motivate and encourage people through sport	Application Form / Interview

	Ability to adapt sessions appropriately dependent on the needs of participants	Application Form / Interview
	Excellent communication and interpersonal skills, the ability to communicate with people at all levels.	Application form / Interview
	Working knowledge or Microsoft office including outlook, work and excel.	Application form / Interview
Personal Attributes &values	Demonstrate the highest levels of honesty and integrity	Application Form / Interview
	To have compassion and empathy for service users and colleagues	Application Form / Interview
	To treat people with dignity and respect	Application Form / interview
Additional Requirements	Good understanding of Safeguarding and health and safety principles,	Application form / Interview
	Commitment to continuous professional development and willingness to undertake training where necessary.	Application form / Interview
	Commitment to equal opportunities.	Application form / Interview
	A flexible attitude to work	Application form / Interview
	Complete and enhanced DBS check	Application form / Interview